



Do you know your neighbours?

Now is a great time to start a Neighbourhood Support group, exchange contact information or update details. Neighbours that know each other are more likely to offer, accept and ask for help. Let's build a stronger Aotearoa by staying more connected.

My nearest neighbours details:



0800 4 NEIGHBOURS

Creating safe, resilient and connected communities.

neighbourhoodsupport.co.nz

For free advice and support, register your group with your local Neighbourhood Support Contact:

Name:
Phone:
Email:
Lives at:

Name:
Phone:
Email:
Lives at:

Name:
Phone:
Email:
Lives at:

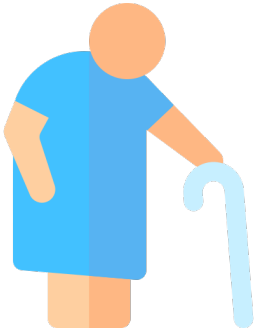
Name:
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What can I do to help during a pandemic?

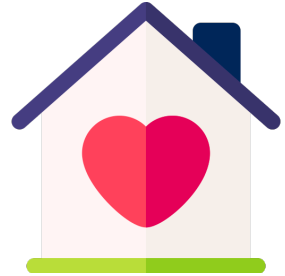
REACH OUT | LOOK OUT | HELP OUT



Check-in on vulnerable or isolated neighbours



Wash your hands and keep a safe distance



Be kind, stay informed, and support one another



For the latest COVID-19 health advice, visit the Ministry of Health - Manatū Hauora's website: www.health.govt.nz

Neighbourhood Support New Zealand

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